

The Amedisys Difference



Experienced. Caring. Empowering.

Whether you are coming home from the hospital or have been diagnosed with chronic disease such as diabetes or COPD, having the support of a skilled nurse to help manage your condition can help you and your family gain confidence and independence. We also know that it is important to you and your family to trust the health care professionals you invite into your home.

Amedisys Home Health Care provides experienced, compassionate health care. Our care team may include skilled nurses who are trained and certified to administer medications, change dressings for wounds and monitor your vital signs or therapists specialized in physical, speech and occupational therapy. We take an empowering approach to helping you and your family understand your condition, how to manage it and how to live your life to the fullest with a chronic disease or other health condition. Our caring clinicians are trained to understand the whole patient — not just their medical diagnosis.

We have a holistic approach to home health care with a diverse team of skilled clinicians who can support you with everything from physical therapy and speech therapy to mental health.

We also understand that preparing for a successful transition from the hospital back home is important to one's recovery and to help avoid going back to the hospital. That's why Amedisys Home Health Care provides a Care Transitions program focused on getting you back home safely, helping you and your family understand how you need to take care of yourself when you get back home, coordinating with the hospital and your primary care doctor and ensuring your medications are in order.

Care Transitions is effective. In fact, in 2010 we found that 216 Amedisys Care Centers where Care Transitions was first deployed were able to collectively reduce their acute care hospitalization rate by 7.9% — which means fewer trips to the hospital for our patients.

Patients are advocates of Amedisys.



Across the board, our families rate our care at or above the national average in independent third-party reports.

- 85% of our patients rated our care as "excellent" or "good"
- 98% of our patients said they would "definitely" or "probably" recommend us to a friend or family member



www.amedisys.com

Source: OCS Home Care CAHPS
Survey Period April - June 2011

Comprehensive Health Care at Home.

We offer several evidence-based clinical programs that include skilled medical services, supportive services for the patient and their caregivers, and education on self-management skills.

Balanced for Life® – Falls are one of the greatest risks to people age 60 years plus. The Amedisys® Balanced for Life program is designed to provide balance training, environmental assessments for risk factors and several advanced medical assessments to help reduce the need for emergency care due to falls.

Chronic Kidney Disease @ Home – Millions of Americans have chronic kidney disease (CKD) and are not aware of it. Our Chronic Kidney Disease @ Home program provides early assessment, intervention and education on risk factors including management of high blood pressure, which is often present with CKD, diet and medication management.

COPD @ Home – This program has been carefully designed to help improve the quality of life for patients living with COPD. Our skilled home care clinicians can help with oxygen therapy, medication management and monitoring of vitals, all essential to managing COPD effectively.

Diabetes @ Home – Our Diabetes @ Home program is designed to support patients with Type 1 and Type 2 diabetes and has been recognized for excellence by the American Diabetes Association.™ Our goal is to help prevent diabetes related complications such as blindness and heart disease. Our skilled nurses help monitor and record glucose levels, advise on diet and exercise as well as help you manage insulin injections and other medications.

Empowered for Life® – Patients with psychiatric conditions have special needs. Frequently, psychiatric illness exists in tandem with physical illness requiring nursing care that is specific to both conditions. Our Empowered for Life program supports patients under psychiatric care including Alzheimer's and depression. Amedisys can provide skilled assessments of a patient's condition, administer injectable medications, provide crisis interventions and individual or family counseling.

Heart @ Home – Long-term complications from heart disease can be prevented if the patient is willing to make healthier lifestyle choices and adhere to their physician's guidance. Amedisys Home Health Care can support patients with congestive heart failure, hypertension, coronary artery disease and other heart conditions in the comfort of home. Detailed assessment and education are provided on management of medication, symptoms, mobility and other aspects of care.

Orthopedic Recovery @ Home – A combination of skilled nursing care and therapeutic rehabilitation in the home creates an excellent environment for recovery after an orthopedic surgery or injury. Our clinicians are skilled in the care of joint replacements, orthopedic injuries, and complex orthopedic disease patients. Our goal is to assist the patient in reaching the highest possible level of independence in the comfort of their home.

Pain Management @ Home – Common types of chronic pain include back pain, headaches, arthritis, cancer pain and pain resulting from injury to nerves. Pain can diminish the ability to concentrate, work, exercise, socialize and sleep, which can lead to depression, a sense of isolation and loss of self-esteem. Amedisys can help manage pain and help patients have a greater quality of life by empowering them through education and techniques.

Rehab Therapy @ Home – Amedisys has comprehensive rehabilitation therapy services including physical therapy, occupational therapy and speech therapy. Our goal is to help our patients improve their strength, mobility, balance and swallowing so they can function safely. Our rehabilitation care is often prescribed for patients with diabetes, osteoporosis, arthritis, post-operative care for hip and knee surgeries as well as other chronic conditions.

Stroke Recovery @ Home – Our stroke program focuses on rehabilitation from a stroke, managing stroke related disorders such as weakness, paralysis or dysphagia (difficulty in swallowing). Amedisys has caring clinicians who can help patients manage pain, bladder issues, depression and stress, impaired judgment, balance and coordination and memory issues. We also coach the patient and their caregivers to recognize early warning signs for stroke and how to help prevent future strokes.

Surgical Recovery @ Home – Amedisys takes a multidisciplinary approach to recovering from surgery at home. Patients can recover at home with the reassurance that their post operative care needs are being met by highly professional and skilled nurses and therapists in accordance with their physicians plan of care.

Partners in Wound Care® – Sometimes it takes more than cleansing and dressing a wound for it to heal. Wound care is frequently complicated by multiple disease conditions, making it even more significant that Amedisys implements the most current evidence-based practices, incorporates the most current techniques and uses the most advanced products to improve healing.

Not all programs available in all areas



For more information about Amedisys Home Health Care, please visit us at www.amedisys.com and find a Care Center near you or your loved one.